



Saturday Rituals

Hot Stone Back & Shoulder Massage

40 MINUTES

Melt away tension and stress with this therapeutic massage that uses heated stones to relieve sore muscles, improve circulation, and promote total relaxation.

£25

Leg Massage with Reflexology

40 MINUTES

Rejuvenate tired legs and restore balance with this revitalizing treatment. A deeply soothing leg massage with targeted pressure on reflex points helps to boost circulation, reduce fatigue, and promote overall wellness.

£25



Full Body Aromatherapy Massage

60 MINUTES

Experience deep relaxation and restore inner balance with this therapeutic massage tailored to your needs using a custom blend of aromatic essential oils.

£45

Back, Neck, Shoulder & Scalp Massage

40 MINUTES

This deeply relaxing treatment targets key areas of stress and stiffness, relieving muscle tension while promoting total mind and body relaxation.

£35

Full body & face massage

90 MINUTES

This blissful holistic treatment soothes muscles from head to toe, while the gentle, rejuvenating face massage enhances circulation, eases facial tension, and promotes inner harmony

£75

Add hot stones to any massage treatment

£5



Holistic Face Massage

60 MINUTES

A gentle, tension-relieving treatment that boosts circulation, drains toxins, leaving your skin glowing.

£45

Holistic Face & Foot Massage

60 MINUTES

This soothing facial massage will ease tension and brighten the skin while a revitalizing foot massage helps to relieve stress and restore balance.

£45

Reflexology

45 MINUTES

This targeted foot therapy uses pressure points to relieve tension, improve circulation, and support the body's natural healing processes

£35

Reiki

40 MINUTES

This gentle energy healing treatment promotes deep relaxation, reduces stress, and supports well-being.

£30

TO BOOK A TREATMENT CALL VICTORIA ON **07814754261**